

## Case Study: Nadia

In her own time, Nadia enjoys cooking. Her participation in the Linguacuisine project has given her the opportunity to meet new people and learn new recipes from other participants: *'I always like to learn about other people's cultures and how they cook their food and prepare their own recipes... [it was a] good experience for me'*. She uses examples of having learned about Chinese and Iraqi cuisine, which she found interesting.

Nadia believes that food is a good way to learn about other cultures, and that language learning helps with integration: *'I am a person who always encouraged integration and doing it this way through recipes- made it really interesting - for somebody like myself to integrate, to use English and to learn more English words... if you don't integrate or if you don't mingle within a society you would never learn their language'*. In future, Nadia would like to learn Spanish, a language she has always wanted to learn, and the Spanish recipes on the Linguacuisine app helped her learn *'some extra words that I didn't know'*.

Nadia believes that taking part in the Linguacuisine project has particularly helped her with her digital skills. As well as taking and editing videos, Nadia highlights the authoring tool she learned about: *'that's something, that I really found interesting, the authoring tool when we started using it has really brought the recipes to life. because at the beginning we weren't sure how it works but when we start putting the recipes in the app it starts to become alive'*. She has also used some of the skills she has learned at home, such as video recording skills which she *'didn't use before but now I feel more confidence to use'*.

Overall, Nadia thought the Linguacuisine app is *'a good way to have to use languages with cooking... food is always a good thing to use when gathering people because wherever you go you see everyone likes food'*. For her, not speaking the recipe language is not an issue as once the food is there people can see it, so it is a good way to have people come together to learn.